

## Equal Opportunities Workshop: Leadership & Supervision in Science – How to Develop Your Own Leadership Style



Through self-assessment instruments, group discussions, and a series of interactive exercises and activities, you and your colleagues will develop a repertoire of techniques for addressing issues that commonly arise within when supervising students and/or technicians. Supervision is one way how to lead people in the academic environment.

This workshop promotes awareness of the participants' own leadership profile and offers them new approaches to explore. Since leadership styles are highly individual and situational, the coach does not judge styles as "good" or "bad," but provide a nonjudgmental yet structured environment in which you can discover what works for you. No dogma! – just scientifically informed frameworks and models of human behaviour to leverage your own common sense.

An appreciation of how your own leadership style affects research, goal achievement, and learning processes. You will gain insights into...

- your self-understanding as a supervisor/leader.
- how different situations and people call for different leadership strategies.
- how the motivation of your group members may be fostered.
- how to deal with challenging situations.
- how to communicate effectively with people who think differently from you.
- gender issues referring to your day-to-day work life.
- how you can prepare yourself for the time after you will have graduated.

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### Coach

Dr. Silke Oehrlein-Karpi has been working as a coach and a trainer for scientists since 2008. Before becoming a coach, she led a project group for the Collaborative Research Centre 490 in Mainz. During those 10 years, she worked as a biologist in the field of medical basic research and gained a lot of experience in setting up and successfully leading scientific projects. In terms of her current work, she uses this “insider knowledge” and the insights in the academic world through the exchange with several thousand individuals during the last 11 years. Her group coaching workshops inspire, motivate and empower the participants in order to boost their self-efficacy and proactivity regarding upcoming work situations and projects. She is a member of the Coachingnetz Wissenschaft e.V.

## When and Where

### Online-Workshop

**23 September 2021, 9:00 – 13:00 for all  
and group coaching (3-4 participants)**

**Group 1: 24 September 2021, 9:00 – 12:00 or**

**Group 2: 27 September 2021, 9:00 – 12:00 or**

**Group 3: 1 October 2021, 9:00 – 12:00**

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